



**Nicklaus  
Children's  
Hospital**

**5<sup>th</sup> Annual South Florida  
Pediatric Nutrition Symposium Agenda  
Saturday September 21<sup>st</sup>, 2019**

- 8:00-8:45      **Registration & Vendor Exhibits**  
Registration- Bowman Foyer  
Breakfast Buffet/Exhibit Hall - Bowman Ballroom
- 8:45-8:55      **Welcome**  
*Sandra Castellano, RD/LDN, Director Food and Nutrition – NCH*
- 8:55 – 9:00      **Diamond Sponsor**
- 9:00-9:45      **Decoding the Infant Newborn Screen**  
*Dr. Parul Jayakar, Director Division of Genetics and Metabolism - NCH*
- 9:45-10:45      **Sports Nutrition for the Young Athlete**  
*Maria Lorena Parra, MS, RDN, LDN & Dr. Annie Casta, Pediatric Non-Operative Orthopedist – Sports Medicine Specialist –NCH*
- 10:45-11:15      **Break & Vendor Exhibits (Bowman Ballroom)**
- 11:15-12:00      **Gender Dysphoria, Hormones and Nutrition**  
*Dr. Alejandro Diaz, Pediatric Endocrinologist - NCH*
- 12:00-12:45      **Lunch Buffet- Danielson Gallery**  
Vendor Exhibits
- 12:45-1:30      **Will the Real Ketogenic Diet Please Stand Up?**  
*Cristina Visona, MS, RDN, CSP, LDN & Laura Leiseca, MS, RDN, LDN*
- 1:30-2:00      **Malnutrition & Nutrition Focused Physical Exam (NFPE): a Pediatric Update**  
*Nicole Dulzaides, MS, RDN, LDN*
- 2:00-3:00      **From Clinical RD to Entrepreneur: The Rocky Road Ahead and Strategies to Elevate your Game**  
*Marina Chaparro, MS, RDN, LDN, CDE*
- 3:00-3:30      **Closing Remarks, Certificates, Evaluation, Raffles**  
**Networking Post Meeting Networking Reception - Bowman Ballroom**